## Dishes and their allergen content - Riverside Junior School

(Note - Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s) ${ }^{\dagger}$ )

| Dishes |  |  |  | $\infty$ |  |  |  | (1) | $\square$ |  | $0$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Hot dog in a bread roll |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese and tomato pizza |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Home-made biscuit |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chicken and chorizo pasta |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Quorn sweet chilli wrap |  | $\checkmark$ |  | $\sqrt{ }$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Jelly and Ice cream |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| Beef burger in a bread bun |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Veg chilli with tortilla wrap | $\sqrt{ }$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Mince and onion pie |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Veg hot dog in a bread roll |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| Dishes | N | $N$ |  | m | $180$ |  |  |  | 5 | $\mathrm{CB}_{3}$ | $080$ |  | $\text { dy } 8$ | - 0 |
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|  | Celery | $\begin{array}{\|c\|} \hline \text { Cereals } \\ \text { containing } \\ \text { gluten* } \end{array}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollus | Mustard | Nutst | Peanuts | $\begin{gathered} \text { Sesame } \\ \text { seeds } \end{gathered}$ | Soya | ${ }_{\substack{\text { Sulphur } \\ \text { Dioxide }}}^{\text {a }}$ |
| Fish finger |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| $\underbrace{}_{\substack{\text { Salmon } \\ \text { Tiscoke }}}$ |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| $\substack{\text { Veggie } \\ \text { nuggeis }}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Tuna and } \\ & \text { sweetcorn } \\ & \text { wrap } \end{aligned}$ |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |
|  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Choolate |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Sausage roll |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| ${ }_{\substack{\text { Veg spagheti } \\ \text { boognaise }}}$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
|  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Custard |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| Dishes | $1$ | $N$ | 整曧 | 为 | $\infty$ | $\sqrt{7}$ | 雨 |  | E | $8$ | $0$ |  | dieg | 0 |
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|  | celery |  |  | Eggs | Fish | Lupin | mik | Molusc | Mustard | Nust | Peanus |  | soya |  |
| cheot chaoke |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| cincimen | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jadetopata |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit tapiock |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Cricerenagne | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Baxewellat |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Brasedef fish |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| ${ }_{\text {a }}^{\text {aurn }}$（eoena | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Caroteate |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
|  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| Dishes | 40 |  | ${ }^{5 N}$ |  | 8 |  |  | (3) | $\square$ |  |  |  | $288$ | [80\% |
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|  | Celery | $\underset{$ Cereals  <br>  containing  <br>  gluten $}{ }$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | $\begin{aligned} & \text { Sulphur } \\ & \text { Dioxide } \end{aligned}$ |
| Veggie burger in a bread bun |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |
| Jam sponge |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Spaghetti bolognaise | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn tagine | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Wholemeal biscuit |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chicken curry | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pitta bread |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| Veg sausage casserole | $\checkmark$ |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| Fruit rumble |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Savoury mince and Yorkshire pudding | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Veggie pizza |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |


| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Rice pudding |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Battered fish |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Falafel wrap |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Chocolate and raspberry brownie |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Review date: |  |  | viewed by: |  |  |  |  |  | od andards ency <br> d.gov.uk |  | You inclu www | n find th ng more ood.gov | templa <br> inormatio <br> /allerg | at guidance |

