

WEEKLY MEAL PLANNER: WEEK 1

- All meal choices are *homemade*, from scratch by our chefs using high quality raw ingredients that are unprocessed and where applicable, seasonal. All Milk products are made with organic milk
- All meat products are Red Tractor accredited
- All fish products are M.S.C accredited

	Main Course	Vegetarian Option	Served With	Desert
MONDAY	Quorn chicken burger Chicken burger	Macaroni Cheese with Homemade Bread	Mini rostis potatoes Fresh salad	Fruit crumble and custard Fresh Fruit Yoghurt
TUESDAY	Oven baked sausage and Gravy	Vegetable chilli	Rice Duchess potatoes Country vegetables	Cherry biscuit Fresh Fruit Yoghurt
WEDNESDAY	Chicken Korma with a tortilla wrap	Cheese & onion pie	Herbie potatoes Diced carrots & swede Steamed Rice	Sticky toffee pudding and custard Fresh Fruit Yoghurt
THURSDAY	Beef burger in a bun	Veggie ravioli	Potato wedges sweetcorn Fresh Salad	Chocolate chip muffin Fresh Fruit Yoghurt
FRIDAY	Battered fish	Veggie nuggets	Chips Peas	Carrot cake Fresh Fruit Yoghurt



WEEKLY MEAL PLANNER: WEEK 2

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	Main Course	Vegetarian Option	Served With	Desert
MONDAY	Cheese Panini Cheese & ham panini	Quorn pasta bolognaise & bread	Potato slices Fresh salad	Chocolate Orange Sponge with Chocolate Sauce Fresh Fruit Yoghurt
TUESDAY	Chilli Con Carne	Sweet potato and chickpea curry	Rice Pitta bread	Chocolate Chip Biscuit Fresh Fruit Yoghurt
WEDNESDAY	Sausage & tomato pasta bake with homemade bread	Veggie pizza	Potato puffs Fresh salad	Flapjack Fresh Fruit Yoghurt
THURSDAY	Roast chicken dinner with Yorkshire pudding	Pesto Pasta with Garlic Slice	Roast potatoes Carrots	Lemon sponge and custard Fresh Fruit Yoghurt
FRIDAY	Breaded fish	Battered Veg bites	Chips Peas	Parkin Fresh Fruit Yoghurt



WEEKLY MEAL PLANNER: WEEK 3

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	Main Course	Vegetarian Option	Served With	Desert
MONDAY	Veggie Hotdog Hotdog	Margherita Pizza	Potato Wedges Baked Beans	Rice pudding Fresh Fruit Yoghurt
TUESDAY	Chicken & chorizo pasta and bread	Jacket potatoes with cheese or beans	Fresh salad	Oat biscuit Fresh Fruit Yoghurt
WEDNESDAY	Mince & onion pie with gravy	Vegan meatballs & pasta	New Potatoes Broccoli	Eves pudding and custard Fresh Fruit Yoghurt
THURSDAY	Sausage roll	Quorn mince & onion pie with gravy	Herby potatoes Green beans	Lemon and blueberry sponge finger Fresh Fruit Yoghurt
FRIDAY	Fish fingers	Falafel wrap	Chips Peas/sweetcorn	Chocolate and Raspberry brownie Fresh Fruit Yoghurt